A Checklist For Your Surgery

Your name: ____________________________________________

Your surgeon’s name: __________________________________

What is your age? ______________________________________

What surgery are you having? _____________________________

When is your surgery? _________________________________

Why are you having surgery? _____________________________

⭐ In preparation for your surgery

☐ Talk to your surgeon about what might be different after surgery.

☐ Talk to your surgeon about what might be on your body after surgery.

☐ Talk to your surgeon about which of your medications you need to either stop or continue taking before surgery.

☐ Talk to your parents about your questions.

☐ Tell your parents if you feel sick before your surgery.

☐ Pack your bag for the hospital.

☐ Make sure to stop eating at ___________________________ the night before your surgery.
  - You will be able to eat after surgery when your doctors say it is okay.

☐ Call/e-mail your Child Life Specialist for a pre-hospital tour, to help answer questions and provide developmental support.
  - Operative Room Services: Karleen Wray, childlifeorservices@mednet.ucla.edu
**The day of your surgery**

- Come to the hospital at __________________ to check-in for your surgery.
- When in the Procedure & Treatment Unit you may meet your: nurse, anesthesiologist (the doctor who helps you sleep during surgery), surgeon and his/her team, and operating room nurse.
- You will get an IV (tiny straw in your skin to give medicine) or a mask to get your medicine that helps you go to sleep and stay asleep during surgery (this is up to your anesthesiologist).

**After your surgery**

- If you have pain tell your parents and nurse.
- One parent may stay with you in your room after your surgery.

**Packing List**

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**Questions**

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