Pre-Operative Checklist for Neurosurgical Patients

Did you:

☐ Read the Pre-Operative Instructions?

☐ Arrange for transport home after your surgery?

☐ Arrange for a caregiver/coach and transportation for at least 1-2 weeks after being discharged from the hospital?

☐ Follow the guidelines for the medication instructions in your pre-operative packet (including stopping Aspirin or other blood-thinning medications/supplements at least 7 days before surgery)?

☐ Follow the general skin cleansing instructions for bathing or showers using Chlorhexidine (CHG) shower soap to prevent infections?

☐ Fill out the “Admission Medication History” and “Medical History” forms completely?

☐ Bring a copy of your Advance Directive (if you have one), insurance card, and photo I.D.?

☐ Leave all valuables at home?

☐ Call the Procedure & Treatment Unit (PTU) the day before your surgery to find out what time to arrive at the hospital and inform the PTU staff if you need a translator?

    Ronald Reagan UCLA Medical Center: 424-259-8070
    UCLA Medical Center, Santa Monica: 424-259-8060

☐ Follow the guidelines regarding eating and drinking prior to your surgery (including not eating anything after midnight or at least 8 hours prior to your surgery)?

Questions/Notes:

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