

Pre-Operative Checklist

for Neurosurgical Patients

Did you:

- Read the Pre-Operative Instructions?

- Arrange for transport home after your surgery?
- Arrange for a caregiver/coach and transportation for at least 1-2 weeks after being discharged from the hospital?
- Follow the guidelines for the medication instructions in your pre-operative packet (**including stopping Aspirin or other blood-thinning medications/supplements at least 7 days before surgery**)?
- Follow the general skin cleansing instructions for bathing or showers using Chlorhexidine (CHG) shower soap to prevent infections?
- Fill out the "Admission Medication History" and "Medical History" forms completely?
- Bring a copy of your **Advance Directive** (if you have one), **insurance card**, and **photo I.D.**?
- Leave all valuables at home?
- Call the Procedure & Treatment Unit (PTU) the day before your surgery to find out what time to arrive at the hospital and inform the PTU staff if you need a translator?
Ronald Reagan UCLA Medical Center: **424-259-8070**
UCLA Medical Center, Santa Monica: **424-259-8060**
- Follow the guidelines regarding eating and drinking prior to your surgery (**including not eating anything after midnight or at least 8 hours prior to your surgery**)?

Questions/Notes:
