The participating teams will be separated into 4 groups by random draw. Then, the Group Stage begins during which the teams compete in a round-robin format where each team plays the other teams in the group just once. A win is worth 3 points, a tie 1, and a loss 0.

Then begins the knockout round between winners from each group. In the knockout rounds, the losing team is eliminated from the entire tournament while the winner goes to the next round.

CHAMPIONS
At the beginning of each match a coin will be tossed between the two team captains. The winner of the toss coin chooses to either serve or receive the service.

A set is won by the team which scores 21 points with a minimum lead of two points.

The match is won by the team that wins two out of three sets.

Points are scored regardless of who is serving.

In the case of a 1-1 tie, the deciding 3rd set is played to 15 points with a minimum lead of 2 points.

The ball is “out” when it falls on the ground outside the boundary lines, touches an object outside the court, or a person out of play, touches the antennae, ropes, posts or the net itself outside the side bands.

Each team is entitled to a maximum of THREE hits for returning the ball over the net.

A player may not hit the ball consecutively twice in a row.