Follow the guidelines for the medication instructions in your pre-operative packet?
  • STOP taking Aspirin and other blood-thinning medications/supplements at least 10-14 days before surgery?

Follow the guidelines regarding eating and drinking prior to your surgery (including not eating anything after midnight or at least 8 hours prior to your surgery check-in time)?

Follow the general skin cleansing instructions for bathing or showers using Chlorhexidine (CHG) shower soap to prevent infections?

Fill out the “Admission Medication History” and “Medical History” forms completely?

Bring a copy of your Advance Directive (if you have one), insurance card, and photo I.D.?

Leave all valuables at home?

Call the Procedure & Treatment Unit (PTU) the day before your surgery to find out what time to arrive at the hospital and inform the PTU staff if you need a translator?
  Ronald Reagan UCLA Medical Center: 424-259-8070
  UCLA Medical Center, Santa Monica: 424-259-8060

Arrange for transport home after your surgery?

Arrange for a caregiver/coach and transportation for at least 1-2 weeks after being discharged from the hospital?

Questions/Notes: